

My experience about participating DISASTER MANAGEMENT CLUB

This is the first time in my life that I am listening to a program very attentively. It was indeed a beneficial class for those who have attended it. The district hospital, ALUVA team have done a great job by teaching us new things about first aid and CPR. They've taught us how to do CPR and its steps, also some basic information about first aid. They've also helped us to understand that an adult and baby have different ways to do CPR.

The fire and rescue team also have done a great job by teaching us how to behave when there is an emergency like, gas leak or a fire broke out. They even take the initiative to do a sample of how to manage the the gas when it's on fire. It was really amazing. They also shared some of their experience during their duties. Hearing them we will also feel some inspiration to help people.

Mr. saji vallasserri was also a part of this programme. Once you hear his experience and words everyone will be inspired to go and study swimming. He shared his experience of swimming and about his swimming class. He is really amazing. He shared that his next goal is to make someone (without legs and hands) swim across the Aluva river. He also told us about the importance of knowing swimming.

For me it was a great experience to join the disaster management club. I hope more people will join this group.