

# CATC CAMP

## Report

Combined annual training camp of 7 Kerala Girls Battalion held at St. Joseph's college (autonomous) Irinjalakuda from 19<sup>th</sup> May to 28<sup>th</sup> May. On 19<sup>th</sup> May 2023, all the cadets from different institutions completed their reporting by afternoon. The camp officially started with an opening ceremony and it was marked with a roll-call. On 20 May 2023 Anti – Drugs awareness class was conducted by Vimukthi Mission Thrissur district coordinator Mr. Shafeeq A Y. It was a very informative session for all the Ncc cadets who had attended the class. Drugs will ruin our life. We need a certain time table to engage ourself and to keep away from these drugs and he concluded by saying its equally our responsibility and duty to take a necessary step to spread the awareness about drug abuse all then the whole world will be inspired with your work. On 21<sup>st</sup> May 2023, a Life Mission awareness rally led by Commanding Officer Bijoy B on plastic Free Nation, cadets made Posters and placards showing the value of plastic free nation. To aware the society, cadets marched from St. Joseph's college (autonomous), Irinjalakuda. And also have a speech competition were conducted at the college auditorium. On 23<sup>th</sup> May 2023, lecture section conducted by Dr Sandeep das: Talk on wild life protection and photography exhibition. It was a wonderful session for all of us. Through that class we understand the importance of biodiversity, the need to protect all species and how we all are interconnected. It's our duty to take possible steps to protect all the different Species in the world. There should be no another such group of endangered species. Sir's photographs were exhibited in the college and everyone enjoyed seeing them. Posters were made and posted in the social media. On 24<sup>th</sup> May 2023, the lecture section conducted by traffic control officer Mr. Rajeev sir. Road traffic control systems collect and analyse driving information of vehicles in the area, perform the optimal traffic signal control in accordance with the constantly changing road traffic situation, and provide useful traffic information to drivers based on the data collected. It was a good session in which sir take a class and made a sense of it. On 25<sup>th</sup> May 2023, cadets of 7 Kerala Girls Battalion visited 'Santhinilayam' Old-age home as a part of social activities. Cadets were learnt more about true life and caring for others. Their physical condition was good. Cadets spoke to them, and they shared their sadness and stories. Cadets performed various cultural

programmes. The workers at the home was indeed inspiring. Cadets left with a heavy heart from them. Afternoon session was a career class by 'Col.Prabhakar Mahashabde' based on the topic 'Women Entries in army, navy and airforce wing'. He gave a clear-cut Presentation which helped the cadets to choose the right career in the military. In the evening, a motivational talk by 'IPS Officer Ms. Aiswarya Dongre' was conducted at the college auditorium. She is now superintendent of Police, Thrissur rural. She shared her journey of success and inspired the cadets.

On 26<sup>th</sup> May the Commando visit was done by Commando Harikrishnan sir . He placed a wreath as part of Honoring Amarjawan and then planted a sapling in their memory. He was welcomed by cadet with their lively dance moves. He addressed the cadets by giving an inspirational speech and his life experiences. After addressing the cadets he handovered the camp certificate to camp seniors. He interacted with the all cadets and gave them sweets as a token of Love. An conference has been taken at college auditorium including the Commando Harikrishnan sir along with other camp officials. On 27<sup>th</sup> May, a class about self defence was conducted by PC Sindhu ma'am and Jiji ma'am from Kerala police. It was necessary class for today's generation. we were made aware about that the things to be careful and the steps needed to be taken in today's society. And we were given some practical measures of self defence too. We had morning drills, classes, various sessions, physical training, competitions such as speech, poster making,debate,drill competitions, cultural programs like solo dance, solo music, group dance, group music and various events on most of the camp days.So many various events are conducted on camp days cadets were enjoying it.