OFFICE ORDER

Subject: Guidelines in view of the Corona Virus (COVID-19) Infection

With reference to the above subject the following guidelines are issued for strict compliance by all the Addl. Directors:

i) In view of the Deployment of CGHS Medical Officers at Airports and other locations in connection with surveillance for Corona Virus (COVID-19) Infection and consequent shortage of Manpower at CGHS Wellness Centres, Addl. Directors, CGHS shall ensure optimum utilization of Manpower at their disposal.

ii) All leaves for the staff except on medical grounds, accompanied by Medical Certificate from Government Doctor, shall be cancelled.

iii) Requests for visit abroad shall not be approved. Even in such cases, wherein the leave and other clearances are already issued, fresh approval of SS&DG, CGHS is necessary, if there are any compelling reasons to go abroad.

iv) Only one Medical Officer shall be posted at the First Aid Posts in Delhi.

v) Medicines for Chronic Diseases shall be issued for a period of ‘3’ months to ensure that the beneficiaries are not required to visit the Wellness Centre frequently and there is no over-crowding.

vi) CGHS beneficiaries may be advised to utilize online appointment system, so that waiting shall be minimized and there is no over-crowding at Wellness Centre.

v) Medical Officers are advised to educate and advice the beneficiaries about Corona Virus (COVID-19) Infection as per the guidelines of the Ministry of Health & Family Welfare. Copies of the Advisory issued by Ministry of Health & Family Welfare in this
regard are enclosed and Additional Directors, CGHS, Cities/ Zones are advised to circulate copies of the same for display in the Notice Board and other places at CGHS Wellness Centres.

vi) Special Attention shall be paid to keep the CGHS Wellness Centres / Offices Clean and Hygienic. Funds under the Head Swatchhta Action Plan (SAP) shall be utilized.

vii) CGHS Does not supply sanitizers, Masks or Thermal Scanners. Additional Directors shall procure these items under Office expenditure as per the extant guidelines for the staff members working at the Offices and Wellness Centres.

(Dr. Sanjay Jain)
Director, CGHS

To
AD(HQ)/ Addl.DDG(HQ), CGHS /All Additional Directors, CGHS Cities/Zones / MSD

All CMOs In charge and other staff at all CGHS Wellness Centres (Allopathic & AYUSH) / Units through concerned Addl. Director, CGHS

Copy for information to
Advisor, CGHS, MoHFW
PPS to SS& DG, CGHS, MoHFW
PPS to JS(AS), MoHFW
Under Secretary (EHSS), MoHFW
PS to Director, CGHS
Advisory on Social Distancing Measure in view of spread of COVID-19 disease

Social distancing is a non-pharmaceutical infection prevention and control intervention implemented to avoid/decrease contact between those who are infected with a disease causing pathogen and those who are not, so as to stop or slow down the rate and extent of disease transmission in a community. This eventually leads to decrease in spread, morbidity and mortality due to the disease.

In addition to the proposed interventions, the State/UT Governments may prescribe such other measures as they consider necessary.

All these proposed interventions shall be in force till 31st of March, 2020. They will be reviewed as per the evolving situation.

The following interventions are proposed:

1. Closure of all educational establishments (schools, universities etc), gyms, museums, cultural and social centres, swimming pools and theatres. Students should be advised to stay at home. Online education to be promoted.

2. Possibility of postponing exams may be explored. Ongoing exams to be conducted only after ensuring physical distance of one meter amongst students.

3. Encourage private sector organizations/employers to allow employees to work from home wherever feasible.

4. Meetings, as far as feasible, shall be done through video conferences. Minimize or reschedule meetings involving large number of people unless necessary.

5. Restaurants to ensure handwashing protocol and proper cleanliness of frequently touched surfaces. Ensure physical distancing (minimum 1 metre) between tables; encourage open air seating where practical with adequate distancing.

6. Keep already planned weddings to a limited gathering, postpone all non-essential social and cultural gatherings.

7. Local authorities to have a dialogue with organizers of sporting events and competitions involving large gatherings and they may be advised to postpone such events.

8. Local authorities to have a dialogue with opinion leaders and religious leaders to regulate mass gatherings and should ensure no overcrowding/at least one metre distance between people.
9. Local authorities to have meeting with traders associations and other stakeholders to regulate hours, exhibit Do’s and Don’ts and take up a communication drive in market places like sabzi mandi, anaj mandi, bus depots, railway stations, post-offices etc., where essential services are provided.

10. All commercial activities must keep a distance of one meter between customers. Measures to reduce peak hour crowding in markets.

11. Non-essential travel should be avoided. Buses, Trains and aeroplanes to maximize social distancing in public transport besides ensuring regular and proper disinfection of surfaces.

12. Hospitals to follow necessary protocol related with COVID-19 management as prescribed and restrict family/friends/children visiting patients in hospitals.

13. Hygiene and physical distancing has to be maintained. Shaking hands and hugging as a matter of greeting to be avoided.

14. Special protective measures for delivery men/ women working in online ordering services.

15. Keep communities informed consistently and constantly.

Ministry of Health & Family Welfare
Subject: Advisory in view of the Corona Virus (COVID-19) Infection -

In view of the Corona Virus Disease (COVID-19), all out efforts are made by the Government to contain its impact by instituting measures at community as well as at individual level.

2. Guidelines for maintaining social distancing between individuals have already been issued by the Government. In the spirit of above guidelines the undersigned is to advise you to take the following steps in the current scenario:

i) Health care is an essential service, hence all the CGHS Wellness Centres shall remain functional. However, if a local situation demands, Addl. Directors shall take a decision at their level as per the guidelines/notifications of the local authorities and keep the Directorate informed.

ii) If any CGHS beneficiary / Staff member is suspected of or diagnosed as suffering from COVID-19, the case may be referred to the Nodal Health Centre, notified for this purpose and also intimate the local Integrated Disease Surveillance Unit. If any fumigation and sanitization and ceiling of premises are required, action may be taken accordingly with the help of local authorities.

iii) Orders have already been issued regarding provision of medicines for up to 3 months, which may be collected through Authorized representatives.

iv) Indent of essential medicines, which are not readily available, through Authorized Local Chemists shall continue.

v) In case of Persons engaged on contractual basis, necessary action may be taken for issue of Curfew Passes as per the format already circulated. Similarly, help may be extended in obtaining Curfew passes in respect of personnel of ALCs involved in delivery of medicines so that supply chain is maintained.

vi) It may be brought to the notice of all the staff members that, while Lockdown is very important it is to be remembered that health care is an essential service and every effort must be made to ensure that urgent / essential works are not delayed. Addl. Directors of Cities/ Zones shall act accordingly.
vii) Instructions have already been issued vide Office Order dated 18.03.2020 for procurement of Face Masks, Sanitizers, etc., for staff and Addl. Directors may take necessary action accordingly.


(Dr. Sanjay Jain)
Director, CGHS

To
AD(HQ)/ Addl.DDG(HQ), CGHS /All Additional Directors, CGHS Cities/Zones / MSD

Copy for information to
Advisor, CGHS, MoHFW
PPS to SS& DG, CGHS, MoHFW
PPS to JS(AS), MoHFW
Under Secretary (EHSS), MoHFW
PS to Director, CGHS
OFFICE ORDER

Subject: Advisory in view of the Corona Virus (COVID-19) Infection- Guidelines to be followed at CGHS Wellness Centres/Units.

In view of the Corona Virus Disease (COVID-19), all out efforts are made by the Government to contain its impact by instituting measures at community as well as at individual level.

2. Guidelines for maintaining social distancing between individuals have already been issued by the Government. In the spirit of above the undersigned is directed to enclose the following guidelines to be followed at CGHS Wellness Centres/Units in view of the COVID-19 infection:

1. The CMO in Charge of the Wellness Centres shall keep themselves updated with the guidelines issued by the Ministry of Health & Family Welfare through the official Website of Ministry of Health & Family Welfare and CGHS and disseminate the correct information to the staff as well as CGHS beneficiaries.

2. CMO in charge in consultation with Addl. Director shall procure the protective gear for the staff like Face Masks, Gloves, sanitizer, etc., CMO in charge shall ensure their availability and ensure that they are used rationally.

3. Separate Fever Clinic shall be organized at Wellness Centres within the constraints of resources and One Medical Officer shall be designated specifically for the fever clinic for 14 days by rotation. He/She shall not examine any other patients. He/She shall be provided with Protective gear like Face cover, Gloves, N-95 Masks, etc., Prophylaxis with Hydroxy-Chloroquin (HCQ) as per the guidelines of MoHFW shall be provided.

4. Every CGHS beneficiary entering Wellness Centre shall be screened with Thermal Scanner by the MTS/ Security Staff.

5. Any CGHS beneficiary with raised temperature shall be directed to Fever Clinic without registration. Registration number is generated in the module of the Medical Officer of Fever Clinic. The beneficiary shall be examined by the designated Doctor in the Fever Clinic and if there is suspicion of COVID-19
Infection, the beneficiary shall be referred to the Local Health Centre notified for the COVID-19 by the State Government /Local Authorities and intimate the concerned Authorities.

6. CMO in charge shall maintain the contact numbers of Nodal Centre for COVID-19 cases and the Local Public health authorities.

7. Those who are performing duty in the Fever clinic shall be provided Prophylaxis with Hydroxy-Chloroquin (HCQ) as per the guidelines of MoHFW.

8. CMO in charge shall procure requisite quantity of Hydroxy Chloroquin (HCQ) in the Wellness Centre and shall ensure that the drug is used strictly as per the guidelines of Ministry of Health & Family Welfare.


Addl. Directors, CGHS of Cities/Zones shall take necessary action to ensure the implementation of the guidelines.

(Dr. Sanjay Jain)
Director, CGHS

To

AD(HQ)/ Addl.DDG(HQ), CGHS /All Additional Directors, CGHS Cities/Zones / MSD/ Nodal Officer, CGHS(MCTC)
All CMOs i/c of CGHS Wellness Centres though the concerned Addl. Director.

Copy for information to
Advisor, CGHS, MoHFW
PPS to SS& DG, CGHS, MoHFW
PPS to JS(AS), MoHFW
Under Secretary (Admin.), CGHS
PROTOCOL TO BE FOLLOWED AT CGHS WELLNESS CENTRES

CGHS Beneficiary visits Wellness Centre

Thermal Scan by Security Staff/MTS

Fever ( Raised Temperature)

No Fever

Fever Clinic

Suspected COVID-19 Case

Others as per normal Protocol

Referred to Notified COVID-19 Centre Locally and inform Concerned Authorities

MOs with Protective Gear- N95 Mask, Gloves Sanitizer, etc Prophylaxis with HCQ as per MoHFW Guidelines Posting Rotated in 14 days

Chief Medical Officer In Charge shall

- Procure protective gear like Face Cover, Masks, Gloves, Sanitizer, etc.,
- Ensure Sanitization at Wellness Centres with the help of Local Authorities
- Maintain Contact Telephone numbers of Nodal COVID-19 Centre notified by Local Authorities
- Organize Fever Clinic within the available resources
- Arrange for adequate Stock of HCQ and ensure judicious use as per MoHFW guidelines
OFFICE ORDER

Subject: Advisory to Health Care Organizations (HCOs) empanelled under CGHS in view of the prevalent Corona Virus (COVID-19) Pandemic—

With reference to the above subject the undersigned is directed to state that this Ministry is in receipt of representations from CGHS beneficiaries of the difficulties in availing treatment facilities at private hospitals / Diagnostic Centres empanelled under CGHS. The matter has been reviewed and it is now decided to reiterate that all CGHS empanelled hospitals, which are notified as COVID-Hospitals by State Governments shall provide treatment facilities to CGHS beneficiaries as per the CGHS norms, for all COVID related treatments.

Similarly, it is again reiterated that all the CGHS empanelled hospitals, which are not notified as COVID Hospitals shall not deny treatment facilities / admission to CGHS beneficiaries and shall charge as per CGHS norms, for all other treatments.

Suitable action shall be taken in case of violation of the guidelines.

(Dr. Sanjay Jain)
Director, CGHS

To

1. All Health Care Organizations (HCOs) empanelled under CGHS through Addl. Directors of concerned Cities.
2. AD(HQ)/ Addl.DDG(HQ), CGHS /All Additional Directors, CGHS Cities/ Zones / MSD/ Nodal officer , CGHS (MCTC)

Copy for information to

Advisor, CGHS, MoHFW
PPS to OSD, MoHFW
PPS to AS & DG, CGHS, MoHFW
PPS to JS (AS), MoHFW
Under Secretary (EHSS), MoHFW
PS to Director, CGHS
OFFICE MEMORANDUM

Sub: Revision of CGHS Rate for rt PCR Test for COVID19

In view of the current Corona Virus Disease (COVID-19) Pandemic, all out efforts are made by the Government to contain its impact by instituting measures at community as well as at individual level.

2. In this regard attention is drawn to the earlier Office memorandum No S-11011/20/2020/Addl. DDG(HQ) dated the 21st April, 2020 vide which CGHS rate has been prescribed for COVID 19 Test. The matter has been reviewed and the undersigned is directed to state that it is now decided in supersession of the earlier orders that the CGHS rate for rt PCR test for COVID-19 shall be as per the rate prescribed by I.C.M.R. or the rate prescribed for the State by the concerned State Government or actual, whichever may be lower.

The private hospitals/Laboratories empanelled under CGHS and approved for undertaking the test shall perform the investigation after the same has been advised as per the prevalent ICMR protocols by any Specialists of Government Hospital/Centre / Private empanelled hospital / Medical Officer of CGHS.

3. The other terms and conditions prescribed in OM No S-11011/20/2020/Addl. DDG(HQ) dated the 21st April, 2020 remain unchanged.

(Dr. Sanjay Jain)
Director, CGHS

To:
1. All Ministries / Departments, Government of India
2. Director, CGHS, Nirman Bhawan, New Delhi
3. CGHS Desk-I/Desk-II/CGHS-II, Dte. GHS, Nirman Bhawan, New Delhi
5  Admn.I / Admn.II Sections of Dte.GHS
6  Addl. Director, CGHS(HQ) / Addl. Directors/Joint Directors of CGHS Cities
7  Rajya Sabha / Lok Sabha Secretariat
8  Registrar, Supreme Court of India /Punjab & Haryana High Court, Chandigarh
9  Under Secretary, U.P.S.C.
10 Under Secretary Finance Division
11 Deputy Secretary (Civil Service News), Department of Personnel & Training,
   5th Floor, Sardar Patel Bhawan, New Delhi.
12 PPS to Secretary (H&FW)/ PPS to OSD(RB)(HFW), Ministry of Health & Family Welfare
13 PPS to AS&MD, NRHM / AS (H) /DGHS
14 Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi
15 All Staff Side Members of National Council (JCM) (as per list attached)
16 Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New
   Delhi
17 All Offices / Sections / Desks in the Ministry
18 UTI Infrastructure Technology And Services Limited, UTI-ITSL Tower, Plot No3 Sector -
   11, CBD Belapur, Navi Mumbai-400614
19 Nodal Officer, MCTC, CGHS with a request to upload a copy of OM on CGHS Web-site
20 Office Order folder

Copy for information to

PS to Hon'ble HFM
OFFICE ORDER

Subject: Reiteration of Advisory in view of the Corona Virus (COVID-19) Infection- Guidelines to be followed at CGHS Wellness Centres/Units.

In view of the Corona Virus Disease (COVID-19), all out efforts are made by the Government to contain its impact by instituting measures at community as well as at individual level.

2. Guidelines for maintaining social distancing between individuals have already been issued by the Government earlier vide Office Order of even number dated the 15th April 2015. In the spirit of above the undersigned is directed to reiterate the following guidelines to be followed strictly at CGHS Wellness Centres/Units in view of the prevalent COVID-19 infection:

1. The CMO in Charge of the Wellness Centres shall keep themselves updated with the guidelines issued by the Ministry of Health & Family Welfare through the official Website of Ministry of Health & Family Welfare and CGHS and disseminate the correct information to the staff as well as CGHS beneficiaries.

2. CMO in charge in consultation with Addl. Director shall procure the protective gear for the staff like Face Masks, Gloves, sanitizer, etc., CMO in charge shall ensure their availability and ensure that they are used rationally.

3. Separate Fever Clinic shall be organized at Wellness Centres within the constraints of resources and One Medical Officer shall be designated specifically for the fever clinic for 14 days by rotation. He/She shall not examine any other patients. He/She shall be provided with Protective gear like Face cover, Gloves, N-95 Masks, etc., Prophylaxis with Hydroxy-Chloroquin (HCQ) as per the guidelines of MoHFW shall be provided.

4. Every CGHS beneficiary / CGHS Staff Member entering Wellness Centre shall be screened with Thermal Scanner by the MTS/ Security Staff.

5. Any CGHS beneficiary / Staff member with raised temperature shall be directed to Fever Clinic without registration. Registration number is generated in the module of the Medical Officer of Fever Clinic. The beneficiary shall be examined by the designated Doctor in the Fever Clinic and if, there is suspicion of COVID-19 Infection, the beneficiary shall be advised rt PCR Test for COVID-19 Infection as per prevalent ICMR guidelines. Positive cases shall be referred to the Local Health Centre notified for the COVID-19 by the State Government /Local Authorities and intimate the concerned Authorities.
6. Hand held Pulse Oximeters shall be used as a routine tool for initial assessment of all the patients coming to CGHS OPDs with fever and with or without difficulty in breathing, as part of the revamping of the facilities at CGHS Wellness Centres. There are some reports that early oxygen saturation levels of <=91% in setting of fever or otherwise indicate compromised cardio-pulmonary function, necessitating early hospitalization.

7. Suspected cases of COVID-19 infection with Oxygen saturation of 91% or less shall however, be referred to the Local Health Centre notified for the COVID-19 by the State Government /Local Authorities and intimate the concerned Authorities without any rt PCR test for COVID-19

8. CMO in charge shall maintain the contact numbers of Nodal Centre for COVID-19 cases and the Local Public health authorities.

9. Those who are performing duty in the Fever clinic shall be provided Prophylaxis with Hydroxy-Chloroquin (HCQ) as per the guidelines of MoHFW.

10. CMO in charge shall procure requisite quantity of Hydroxy Chloroquin (HCQ) in the Wellness Centre and shall ensure that the drug is used strictly as per the guidelines of Ministry of Health & Family Welfare

11. CMO in Charge shall arrange for sanitization in co-operation with Local Health Authorities.

Addl. Directors, CGHS of Cities/Zones shall take necessary action to ensure the implementation of the guidelines.

(Dr. Sanjay Jain)
Director, CGHS

To

AD(HQ)/ Addl. DDG(HQ), CGHS /All Additional Directors, CGHS Cities/Zones / MSD/ Nodal Officer, CGHS(MCTC)
All CMOs i/c of CGHS Wellness Centres though the concerned Addl. Director.

Copy for information to

Advisor, CGHS, MoHFW
PS to Hon'ble HFM
PPS to AS& DG, CGHS, MoHFW
PPS to JS(AS), MoHFW
Under Secretary (Admin.), CGHS
OFFICE MEMORANDUM

Sub: Reimbursement of cost of ‘Pulse Oximeter’ for the family of COVID-19 Positive CGHS Beneficiary under Home Care -

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In view of the current Coronavirus Disease (COVID-19) Pandemic, all out efforts are being made by the Government to contain its impact by instituting measures at community as well as at individual level.

2. In this regard, an Advisory on the subject Tele Home Care of COVID positive CGHS beneficiaries has been issued by this Directorate. As measuring of oxygen saturation level is one of the most important parameters for monitoring the health of COVID 19 patients, it has been decided to reimburse the cost of pulse oximeter purchased by the beneficiaries as per the following conditions:

i) CGHS beneficiaries, who have been tested positive for COVID-19 Infection are permitted to purchase one Pulse Oximeter per family. In other words, in case there are more than one COVID positive cases in a family of CGHS beneficiary, they can claim reimbursement only for one Pulse Oximeter;

ii) The reimbursement shall be claimed as per actual cost of Pulse Oximeter, subject to a ceiling of Rs. 1200/-;

iii) The claim for reimbursement of cost of such Pulse Oximeter shall be submitted as per prescribed norms enclosing therewith a copy of the COVID-19 Test report, to CGHS in case of Pensioners, ex-MPs, etc., and to Rajya Sabha Secretariat/Lok Sabha Secretariat as the case may be in respect of Hon’ble Members of Parliament; and

iv) In the case of serving beneficiaries, such claims shall be submitted to the concerned Ministry /Department and to concerned Autonomous Body in respect of beneficiaries of Autonomous Bodies.

3. This OM is applicable from date of issue.
This issues with the concurrence of Integrated Finance Division, Min. of Health & Family Welfare vide Concurrence Diary No. 572 Dated 16/06/2020.

(Dr. Sanjay Jain)
Director, CGHS

To:

1. All Ministries / Departments, Government of India
2. Director, CGHS, Nirman Bhawan, New Delhi
4. Admn.I / Admn.II Sections of Dte.GHS
5. Addl. Director, CGHS(HQ) / Addl. Directors of CGHS Cities/ Zones
6. Rajya Sabha / Lok Sabha Secretariat
7. Registrar, Supreme Court of India / Punjab & Haryana High Court, Chandigarh
8. Under Secretary, U.P.S.C.
9. Under Secretary Finance Division
10. Deputy Secretary (Civil Service News), Department of Personnel & Training, 5th Floor, Sardar Patel Bhawan, New Delhi.
11. PPS to Secretary (H&FW)/ PPS to OSD(RB)(HFW), Ministry of Health & Family Welfare
12. PPS to AS&MD, NRHM / AS (H) /DGHS
13. Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi
14. All Staff Side Members of National Council (JCM) (as per list attached)
15. Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New Delhi
16. All Offices / Sections / Desks in the Ministry
17. UTI Infrastructure Technology And Services Limited, UTI-ITSL. Tower, Plot No3 Sector -11, CBD Belapur, Navi Mumbai-400614
18. Nodal Officer, MCTC, CGHS with a request to upload a copy of OM on CGHS Web-site
19. Office Order folder

Copy for information to

PS to Hon'ble HFM
PS to Hon'ble MOS
F.No. 1-2/2020/CGHS/ADHQ/29  
Government of India  
Ministry of Health & Family Welfare  
Directorate General of CGHS  

Nirman Bhawan, New Delhi  
Dated the 16th June, 2020

OFFICE MEMORANDUM

Sub: Guidelines for tele-homecare of COVID-19 patients-reg:

***

In view of the current Coronavirus Disease (COVID-19) Pandemic, the matter relating to providing tele-home care to those CGHS beneficiaries who test positive for COVID-19, manifest mild to moderate symptoms, have no co-morbidities and decide to opt for home isolation has been considered by the CGHS Directorate and it has been decided to issue the attached Advisory for the guidance of patients, caregivers, CGHS doctors and staff.

Additional Directors of Cities/Zones are requested to implement the Advisory, circulate it among all stakeholders, take appropriate action and keep this Directorate informed from time to time.

Encl: As above

(Dr. Sanjay Jain)  
Director, CGHS

To

AD(HQ)/ Addl. DDG(HQ), CGHS /All Additional Directors, CGHS Cities/Zones / MSD/ Nodal Officer, CGHS(MCTC)  
All CMOs i/c of CGHS Wellness Centres though the concerned Addl. Director.

Copy for information to

PS to Hon'ble HFM  
PS to Hon'ble MOS  
PPS TO Secretary (HFW)/ OSD (HFW)  
PPS to AS& DG, CGHS, MoHFW  
PPS to JS(AS), MoHFW  
Advisor, CGHS, MoHFW  
Under Secretary (Admin.), CGHS
Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. In majority of people COVID-19 virus causes mild to moderate respiratory illness and they recover without requiring special treatment. Older people and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease and cancer may develop serious illness. MoHFW has issued guidelines for home isolation of very mild/pre-symptomatic COVID - 19 cases. The same can be accessed at the following url: 


In the case of CGHS beneficiaries, those persons who have been tested positive for Covid-19, manifest mild to moderate symptoms, have no co-morbidities and decide to opt for home isolation, can access tele-consultation from their Wellness Centre for which the present advisory is being issued.

Criteria for Home isolation of Mild/ asymptomatic COVID 19 cases

Home care can be provided to a COVID-19 patient if, advised as such by a doctor for a mild/ asymptomatic patient, by following the given instructions.

i. The patient should not be suffering from any Co-morbid illness like Hypertension or any other cardio-vascular disease, Diabetes, Chronic Asthma /COPD.
Malignancy, Kidney diseases, Cerebro-vascular disease, on Immunosuppressant treatment etc.,

ii. A caregiver should be available to provide care on 24 x 7 basis.

iii. Patient / Caregiver must keep monitoring their health.

iv. A communication link between the caregiver/patient and a healthcare facility is essential for the entire duration of home isolation.

v. The family members of the patient shall observe isolation protocol strictly like wearing the face-mask all the time, the patient should have separate utensils & toilet facility for the duration of home isolation.

vi. The children & elderly in the family shall not come in contact with the patient.

Role of CMO I/C of the CGHS Wellness Centre in Tele-Homecare of COVID 19 positive patients.

The CGHS Wellness Centers provide comprehensive medical care to the beneficiaries, and the COVID 19 is no exception. The fever clinics are already operational in the CGHS Wellness Centres (WC) and the doctors and staff are engaged in fighting COVID 19 cases. Most people infected with the COVID-19 virus experience mild to moderate respiratory illness and recover without requiring special treatment. In view of this, the following guidelines are being issued for the CMO I/C in helping them to render the care through tele-consultation:

i. The CMO I/C is the nodal officer for monitoring the tele-homecare to COVID-19 cases under his/her jurisdiction. He /She shall be personally responsible for the same.

ii. The CMOI/C may designate any other Medical Officer of the WC, who would look after the work in his /her absence.

iii. As soon as the call is received from a COVID 19 positive CGHS beneficiary, his/her particulars as shown in the chart at Annexure I will be entered in a register. Alternatively, the database may be maintained in the computer on excel sheet or MS word table. The patient may also be
iv. Through CGHS OM No F.No. 1-2/2020/CGHS/ADH0/29 dated the 16th June 2020 CGHS patients who have been tested Covid-19 positive have been allowed to purchase one Pulse Oximeter per family as per the condition prescribed therein. CMOI/c or the designated MO will guide such beneficiaries for its use, through a video or on telephone call. The patient is also to be guided on recording of body temperature, urine output, respiratory rate, pulse rate and Oxygen Saturation as per pulse oximeter reading.

v. The patient shall be guided to record all the parameters on the prescribed chart every morning, evening till he/she remains on home isolation and Tele-Homecare for COVID 19 illness.

vi. It will be the duty of the CMOI/c or the designated Medical Officer to call such beneficiary on the registered mobile phone in the morning at a specified time and to fill up all the stipulated parameters in the chart.

vii. The information in r/o the status of illness is to be shared by the CMOI/C on e-mail with the Additional Director of his/her zone or city on daily basis.

viii. The CMOI/C shall advise the patients regarding use of paracetamol etc., for symptomatic treatment.

ix. The patients are also to be sensitized for warning symptoms as enumerated below:

a. Difficulty in breathing, or shortness of breath observed while walking within the room

b. Inability to complete sentences without being short of breath

c. Persistent pain, heaviness or pressure in the chest
d. Mental confusion or inability to arouse

e. Having weakness or numbness in any arm, leg or face

f. Slurred speech or seizures

g. Bluish discoloration of lips/face.

Overall, the CMOI/C / designated MO will be guided by MoHFW’s guidelines on home isolation referred above.

**Role of Beneficiary / Patient:**

The beneficiaries are advised to observe the golden principles of preventing the disease by hand sanitization, wearing face cover/mask and social distancing. Apart from these golden principles the beneficiaries are expected to report early when sick and also report the matter whenever they come in contact with any known case of COVID 19 to their CGHS Wellness Centre. They are also advised to download Arogya Setu App and self-monitor their health status.

They are also advised to remain in regular contact with the CMOI/C of their Wellness Centre for any health assistance. In case a beneficiary is tested COVID 19 positive, he/she will report the matter to the CMO I/C of the Wellness Centre, who will take action as detailed above.

For availing Tele-Home Care, the CGHS beneficiaries are required to submit their consent, preferably through the consent form. However, in case of difficulties being faced in sending the form physically the consent can be given through WhatsApp/ email.

The patient/caregiver will fill up the chart daily as per the guidance received from the CMOI/C / designated MO and share the parameters with CMOI/C over telephone. In majority of mild/ asymptomatic cases there may not be any need for hospitalization. In such cases, the guidance received from the CMOI/C may be followed. However, the moment the patient notices any of the symptoms or exacerbation of the same (as
indicated in the segment warning signs of this Advisory, he/she will immediately contact the CMOI/C who in turn would take appropriate action.

**Selecting an Isolation Room**

i. Patient to be isolated in a separate clean room of the house, with good ventilation.

ii. Room preferably should have an attached toilet and washroom.

iii. This room must not be shared by any other COVID-19 negative person.

iv. Patient must stay in this specific room and away from other family members or pets for the complete isolation duration.

**Instructions for caregivers**

Family Member or any other person taking care of COVID 19 patient shall become the Caregiver. He/She shall follow the guidelines given under:

- **Mask hygiene**
  
  i. The caregiver should wear a triple layer medical mask appropriately when in the same room with the ill person/ asymptomatic COVID case.
  
  ii. Front portion of the mask should not be touched or handled during use.
  
  iii. If the mask gets wet or dirty with secretions, it must be changed immediately. Discard the mask after use and perform hand hygiene after disposal of the mask.

- **Hand hygiene**
  
  i. Hand hygiene must be ensured following contact with ill person or his immediate environment.
  
  ii. He/she should avoid touching own face, nose, or mouth with unclean hands.
iii. Hand hygiene should also be practiced before and after preparing food, before eating, after using the toilet, and whenever hands look dirty.
iv. Use soap and water for hand washing at least for 40 seconds.
v. Alcohol-based hand rub can be used if hands are not visibly soiled.
vi. After using soap and water, use of disposable paper towels to dry hands is desirable. If not available, use dedicated clean cloth towels and replace them when they become wet.

• Exposure to patient
i. Avoid direct contact with body fluids of the patient, particularly oral or respiratory secretions. Use disposable gloves while handling the patient.
ii. Perform hand hygiene before putting on and after removing gloves.

• Exposure to the patient’s environment
i. Avoid exposure to potentially contaminated items in his immediate environment (e.g. avoid sharing cigarettes, eating utensils, dishes, drinks, used towels or bed linen).
ii. Food must be provided to the patient in his/her room
iii. Utensils and dishes used by the patient should be cleaned with soap/detergent and water wearing gloves.
iv. The utensils and dishes may be re-used after thorough washing.
v. Clean hands after taking off gloves or handling used items.
vi. Use triple layer medical mask and disposable gloves while cleaning or handling surfaces, clothing or linen used by the patient.
vii. Perform hand hygiene before and after removing gloves.

• The care giver will make sure that the patient follows the prescribed treatment.
The caregiver and all close contacts will self-monitor their health with daily temperature monitoring. Oxygen saturation and report promptly to CMO I/C of their CGHS Wellness Centre, if they develop any symptom suggestive of COVID-19 (fever/cough/ sore throat/ running nose/ difficulty in breathing).

**Instructions for the patient**

**Mask hygiene**

i. Patient should always use triple layer medical mask.

ii. Discard mask after 24 hours of use or earlier if they become wet or visibly soiled.

iii. Mask should be discarded only after disinfecting it with household bleach (prepared as per the manufacturer's instructions).

**Hand hygiene**

i. Hands must be washed often with soap and water for at least 40 seconds

ii. Use an alcohol-based hand sanitizer with at least 60% alcohol, for cleaning hands when not visibly dirty

iii. Hands must be cleaned after blowing nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.

**Cough etiquettes**

i. Cover the mouth and nose with a tissue on coughing or sneezing.

ii. Throw away used tissues in a lined trash can.

iii. Immediately wash your hands with soap and water for at least 20 seconds.

iv. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer.

**Important Precautions**
i. Patient must stay in the identified room and away from other people in home, especially elders and those with co-morbid conditions like diabetes, hypertension, cardiovascular disease, renal disease, cancer etc.

ii. Do not share personal items with other people.

iii. Clean surfaces in the room that are touched often (tabletops, doorknobs, handles, etc.) with household bleach (prepared as per the manufacturer's instructions) or detergent.

iv. The patient must strictly follow the physician’s instructions and medication advice.

v. Patient must take rest and drink lot of fluids to maintain adequate hydration.

vi. The patient will self-monitor his/her health with daily temperature monitoring and report promptly if develops any deterioration of symptom as detailed below.

vii. All the generated disposable items like masks and gloves that are infected must be soaked in a disinfectant (like the household bleach) solution before discarding.
Monitoring Vital Health Records

The primary responsibility of the patient and the caregiver is to maintain the health records in respect of Pulse Rate Per Minute, Temperature in degree Celsius (°C), SpO₂ in percentage and urine output in 24 hours, these are to be recorded in duly prescribed table and to be shared by the CMOI/C of the CGHS Wellness Centre. This is basically a history sheet monitoring the progress of the illness objectively. The same is to be shared with the CMOI/C of the CGHS Wellness Centre on daily basis. A call will come from the CMOI/C of the Wellness Centre of patient (where he is registered/designated Wellness Centre) to monitor the progress of illness and guide for future course of treatment.

**How to measure temperature (if possible):** Measure the temperature using a thermometer below the tongue for 1 min. and properly clean before and after use every time. Keep a record of temperature on the prescribed sheet with date and time.

**How to measure respiratory rate (if possible):** Keep your hand over the abdomen and see for the hand movement up and down along with normal breathing. Count it for 1 minute. It is better to be examined by the caregiver without making the patient aware of it, so that the respiratory rate is estimated correctly. The rate so measured must be entered in the prescribed sheet with date and time.

**Intake /output (if possible):** Measure how much water is being taken per day. Also note down how much times and an approximate volume of urine passed over a period of 24 hours.

**Oxygen Saturation (SpO₂)** Pulse Oximeter Probe is to be put in a finger with nail upward and nail bed touching the inside of probe. A video may be shared by the CMOI/C of the CGHS Wellness Center for the convenience of the caregiver and patient preferably on WhatsApp, the videos are also available in YouTube. SpO₂ and pulse may also be monitored twice a day, by inserting a finger in the probe.
The readings of the SpO₂ must be recorded on the prescribed sheet and shared with the CMOIC of the CGHS Wellness Centre.

Patient themselves or a caregiver must keep monitoring their health to look for any

**WARNING SIGNS**

Immediate medical attention must be sought if any of the warning signs or symptoms develop. These include:

i. Difficulty in breathing, or shortness of breath observed while walking within the room
ii. Inability to complete sentences without being short of breath
iii. Persistent pain, heaviness or pressure in the chest
iv. Mental confusion or inability to arouse
v. Having weakness or numbness in any arm, leg or face
vi. Slurred speech or seizures
vii. Developing bluish discoloration of lips, face or fingers
viii. Decreased urinary amount or frequency in a day
ix. Puffiness of face or swelling of feet
x. Signs of low blood pressure (too weak to stand, light headedness, feeling cold, pale, clammy skin)

This list may not be including all symptoms. Please call your doctor on phone for any other symptoms that are severe or concerning.

The patients and care givers are also requested to keep following applications downloaded in their mobile phones and keep the help line numbers ready, so that on any eventuality they may be shifted to hospital for treatment. In case any of these warning signs are observed, the patient is to immediately report to the emergency of any nearby hospital or call the helpline number, as given below:
(a) Downloading the application Arogya Setu on their phone and registering and updating their health status on the App. Please switch on the Blue Tooth and Location of your mobile all the time. The information in r/o being unsafe may also be shared with the CMOIC of the wellness Centre.

(b) Downloading the application of Corona Delhi for vacancy position of Beds in Hospitals of Delhi

(c) Help Line number 1031 and 1800111747 for any query.

**When to discontinue home isolation**

Patients under home isolation will end home isolation

a) As per the current government discharge policy. There is no need for testing after the home isolation period is over or

b) In case a patient develops moderate or severe illness & the patient needs hospitalization
MONITORING OF VITAL HEALTH RECORDS OF COVID 19 PATIENTS FOR TELE-HOME CARE

Name of Patient
Age/Sex
CGHS-Beneficiary ID
Home Address
CGHS Wellness Centre where the case is registered for Tele-Homecare
Mobile number of patient / Primary card holder

Please tick Y if yes and N if No - Diabetes Y/N, Hypertension Y/N, Heart Disease Y/N, Kidney Disease Y/N, Cancer Y/N, Lung Disease Y/N, Cerebrovascular disease Y/N, on Immunosuppressant treatment Y/N

<table>
<thead>
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<th>Date</th>
<th>Pulse Rate Per minute</th>
<th>Respiratory Rate/Minute</th>
<th>Temperature Degree C</th>
<th>SpO₂</th>
<th>Urine output MI</th>
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OFFICE MEMORANDUM

Sub: Provision of 24x7 assistance to CGHS beneficiaries in Delhi in respect of Tele-Homecare of COVID 19 positive cases

This is in continuation of this Directorate's Office Memorandum of even No. dated 16.06.2020 vide which guidelines were issued for Tele-Homecare of COVID 19 positive patients. In this regard it is stated that CGHS Delhi has four Wellness Centres where emergency services are available after normal OPD hours. The normal duty hours of CGHS Wellness Centres are from 7.30 A.M. to 2 P.M. on all working days. Therefore, it is hereby ordered that if any COVID 19 positive CGHS beneficiary in Delhi is in need of any assistance or clarification after normal OPD hours, he/she may contact Medical Officer on duty at any of the four CGHS Wellness Centres, whose addresses and contact numbers are given below.

2. These Centres are being provided all guidelines and instructions issued by Ministry of Health & Family Welfare for facilitating COVID Healthcare so that appropriate advice/guidance could be given to CGHS beneficiaries. Additional Director, CGHS (HQ) is being designated as the Nodal Officer for this purpose and he will maintain the roster of all the Doctors posted in 24x7 WCs. He would obtain the updated position regarding availability of Covid beds from officer concerned in Ministry of Health & Family Welfare and communicate the same to the 24x7 WCs. CMO I/C of these WCs will independently get the updates in this regard from Delhi Government's App Delhi Corona. Based on this information, the MOs deployed in the 24x7 WCs will guide the beneficiaries needing assistance for further care/hospital admission.

3. These facilities are in addition to the roles and responsibilities of District Surveillance Officer prescribed by the concerned State Government.
4. The CGHS Delhi operates four CGHS Wellness Centres namely North Avenue, South Avenue, Telegraph Lane and Kingsway Camp. The addresses of these Wellness Centres are as under:

I. North Avenue

Address & Tel No
31, North Avenue, New Delhi-1
011-23094420

II. South Avenue

Address & Tel No
153, South Avenue, New Delhi-11
011-23013490

III. Telegraph Lane

Address & Tel No
18-E, Telegraph Lane, New Delhi
011-23092990

IV. Kingsway Camp

Address & Tel No
CGHS Wellness Centre, New Police Line,
Kingsway Camp, Delhi
011-27459411

5. Instructions for CMO I/C of 24x7 WCs

i. The CMOI/C will maintain a separate register for this purpose and the register may be made available to the MO on shift duty and must be signed while taking/making over.

ii. The MO on emergency duty will keep a record of all such calls, query raised or assistance sought and action taken in a specified register. The register will be put up before the CMOI/C of the emergency Wellness Centre in the morning.

iii. The CMOI/C of emergency WC will share the same information with the CMOI/C of the concerned WC for further action as deemed fit.

iv. The CMOIC will further contact the concerned patient to know about his welfare and the events of last night, warranting him to contact the emergency Wellness Centre.

(Dr. Sanjay Jain)
Director, CGHS
To:

1. All Ministries / Departments, Government of India
2. Director, CGHS, Nirman Bhawan, New Delhi
4. Admn.I / Admn.II Sections of Dte.GHS
5. Addl. Director, CGHS(HQ) / Addl. Directors of CGHS Cities/ Zones
6. Rajya Sabha / Lok Sabha Secretariat
7. Registrar, Supreme Court of India /Punjab & Haryana High Court, Chandigarh
8. Under Secretary, U.P.S.C.
9. Under Secretary Finance Division
10. Deputy Secretary (Civil Service News), Department of Personnel & Training,
    5th Floor, Sardar Patel Bhawan, New Delhi.
11. PPS to Secretary (H&FW)/ PPS to OSD(RB)(HFW), Ministry of Health & Family Welfare
12. PPS to AS&MD, NRHM / AS (H) /DGHS
13. Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi
14. All Staff Side Members of National Council (JCM) (as per list attached)
15. Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New Delhi
16. All Offices / Sections / Desks in the Ministry
17. UTI Infrastructure Technology And Services Limited, UTI-ITSL Tower, Plot No3 Sector -11, CBD Belapur, Navi Mumbai-400614
18. Nodal Officer, MCTC, CGHS with a request to upload a copy of OM on CGHS Web-site
19. Office Order folder

Copy for information to

PS to Hon’ble HFM
PS to Hon’ble MOS
Subject: Revised SOP for health work force deployment during COVID-19 for the Doctors and Other staff of CGHS

***

With reference to the above mentioned subject attention is drawn to the Office Order of even number dated 30th March, 2020 vide which guidelines have been issued regarding Quarantine of Doctors and other staff posted for COVID 19 Duties. The matter has been reviewed in consultation with the Director, EMR, Dte.GHS and the following revised SOPs are issued in supersession of the earlier Office order:

- If there is breach of PPE, then a Committee in CGHS may do risk profiling as to determine whether it is a high risk exposure or low risk exposure.

- Only High risk exposure may be allowed quarantine for 14 days. All others may continue working while monitoring their health.

The advisory in this regard has been issued by MoHFW on 15.05.2020 is available at:


(Dr. Sanjay Jain)
Director, CGHS

To

1. AD(HQ)/Addl.DDG(HQ), CGHS /All Additional Directors, CGHS Cities/Zones / MSD

2. All CMOs In charge and other staff at all CGHS Wellness Centres (Allopathic & AYUSH) / Units through concerned Addl. Director, CGHS

Copy for information to

a. Advisor, CGHS, MoHFW
b. PPS to SS&DG, CGHS, MoHFW
c. PPS to JS(AS), MoHFW
d. PS to Director, CGHS
e. Leader Staff Side, Departmental Council, MoHFW, 69,Saketkunj, Plot8, Sector-9, Rohini, Delhi-110085
OFFICE MEMORANDUM

Sub: CGHS rates for treatment at private healthcare organizations empanelled under CGHS—in view of the COVID-19 Pandemic

With reference to the above mentioned subject the undersigned is directed to state that in view of the current Corona Virus Disease (COVID-19) Pandemic this Ministry is in receipt of representations seeking clarifications and guidelines regarding rates applicable for treatment in private healthcare organizations empanelled under CGHS. This matter has been reviewed by the Ministry and it is now decided to issue guidelines and rates for treatment / investigations at private healthcare organizations empanelled under CGHS as per the details given under:

2. a) CGHS rates for treatment for COVID-19 in private empanelled hospitals in respect of CGHS beneficiaries in a City shall be as per the package rates prescribed by the concerned State Government. In case no such rates have been prescribed by the State Government in any CGHS City, the rates prescribed by Govt. of NCT Delhi shall be applicable, till rates are notified by the concerned State Government.

b) For non COVID related treatment in private hospitals empanelled under CGHS the Normal CGHS package rates shall be admissible. CGHS beneficiary shall undergo COVID-19 test as per the approved rate before elective treatment procedure.

c) For treatment under emergency – the patient shall be treated in Isolation ward till the COVID-19 test results is not available and rates as per isolation ward rates for one day shall be applicable.

If the beneficiary is COVID-19 negative, he/ she shall be shifted to normal wards and normal CGHS rates will be applicable and if COVID-19 positive, he/she shall be under treatment in COVID ward and prescribed rates shall be applicable.

d) COVID test shall be permitted as per ICMR guidelines, and CGHS rate shall be as per the rates fixed by concerned State Government or actual, whichever may be less. If State Government has not notified such rates in any CGHS City, the rates prescribed by ICMR are applicable till rates are notified by State Government.
3. It is once again reiterated that all CGHS empanelled hospitals, which are notified as COVID-Hospitals by State Governments shall provide treatment facilities to CGHS beneficiaries as per the CGHS norms and as per the rates prescribed above, for all COVID related treatments.

Similarly, it is again reiterated that all the CGHS empanelled hospitals, which are not notified as COVID Hospitals shall not deny treatment facilities / admission to CGHS beneficiaries and shall charge as per CGHS norms, for all other treatments.

Suitable action shall be taken in case of violation of the guidelines.

CGHS empanelled healthcare organizations shall perform the treatment / test on Cashless basis in respect of pensioners, etc., and submit the bills to CGHS through UTI-ITSL. The reimbursement for the cost of expenditure on the test at approved rate shall be reimbursed by concerned Ministry / Department / Organization in respect of serving employees and beneficiaries of Autonomous Bodies.

4. These orders come into effect from the date of issue till further orders.

5. This issues with the concurrence of Integrated Finance Division, MoHFW vide CD No 805 dt 10.07.2020.

(Dr. Sanjay Jain)
Director, CGHS

To:

1. All Ministries / Departments, Government of India
2. All private healthcare Organizations empanelled under CGHS though AD , CGHS of concerned City
3. Director, CGHS, Nirman Bhawan, New Delhi
4. CGHS Desk-I/Desk-II/CGHS-I/CGHS-II, Dte.GHS, Nirman Bhawan, New Delhi
6. Admin.I / Admin.II Sections of Dte.GHS
8. Rajya Sabha / Lok Sabha Secretariat
9. Registrar, Supreme Court of India /Punjab & Haryana High Court, Chandigarh
10. Under Secretary, U.P.S.C.
11. Under Secretary Finance Division
12. Deputy Secretary (Civil Service News), Department of Personnel & Training,
   5th Floor, Sardar Patel Bhawan, New Delhi.
13. PPS to Secretary i&FW) / PPS to OSD(RB)(HFW), Ministry of Health & Family Welfare
14 PPS to AS&DG, CGHS /AS&MD, NRHM / AS (H) /DGHS
15 Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi- e-mail nc.jcm.np@gmail.com
16 All Staff Side Members of National Council (JCM)
17 Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New Delhi
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PS to Hon’ble MOS
OFFICE MEMORANDUM

Sub: Corrigendum to OM dt 10th July 2020 regarding CGHS rates for treatment at private healthcare organizations empanelled under CGHS -in view of the COVID-19 Pandemic

With reference to the above mentioned subject kind attention is drawn to Office Memorandum of even No. dated the 10th June 2020 para 2 (c), which is reproduced below and to state that there is an inadvertent typographical error and the paragraph 2 (c) is corrected as per the details given under:

2. c) For treatment under emergency – the patient shall be treated in isolation ward till the COVID-19 test result is not available and rates as per isolation ward rates for one day shall be applicable.

It is modified to read as under:

2. c) For treatment under emergency – the patient shall be treated in isolation ward till the COVID-19 test result is available and rates as per isolation ward rates for one day shall be applicable.

The other terms and conditions of the Office Memorandum No. F No. 6-52/CGHS/GR.CELL/2020/DIR/CGHS dated the 10th June, 2020 shall remain unchanged.

(Dr. Sanjay Jain)
Director, CGHS

To:

1. All Ministries / Departments, Government of India
2. All private healthcare Organizations empanelled under CGHS though AD, CGHS of concerned City
Director, CGHS, Nirman Bhawan, New Delhi
CGHS Desk-I/Desk-II/CGHS-II, Dte.GHS, Nirman Bhawan, New Delhi
Estt.I/ Estt.II/ Estt.III/ Estt.IV Sections, Ministry of Health & Family Welfare
Admin.II Sections of Dte.GHS
Addl. Director, CGHS(HQ) / Addl. Directors/Joint Directors of CGHS Cities/Zones
Rajya Sabha / Lok Sabha Secretariat
Registrar, Supreme Court of India /Punjab & Haryana High Court, Chandigarh
Under Secretary, U.P.S.C.
Under Secretary Finance Division
Deputy Secretary (Civil Service News), Department of Personnel & Training,
5th Floor, Sardar Patel Bhawan, New Delhi.
PPS to Secretary (H&FW) / PPS to OSD(RB)(HFW), Ministry of Health & Family Welfare
PPS to AS&DG, CGHS /AS&MD, NRHM / AS (H) /DGHS
Secretary, Staff Side, 13-C, Ferozshah Road, New Delhi- e-mail nc.jcm.np@gmail.com
All Staff Side Members of National Council (JCM)
Office of the Comptroller & Auditor General of India, 10 Bahadur Shah Zafar Marg, New Delhi
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