



GOVERNMENT OF KARNATAKA

No: HFW 108 ACS 2021

Karnataka Government Secretariat
Vikasa Soudha
Bengaluru, dated: 20.04.2021

CIRCULAR

Subject: Eligibility for Home Isolation/Home care & Criteria to be used for shifting the COVID-19 person to CCC, DCHC or DCH : Regarding

Reference: 1. Circular No: HFW295 /ACS 2020, Dated 10th August, 2020.

2. Proceedings of the 93rd meeting of State COVID-19–Technical Advisory Committee (TAC), Dept. of Health & Family Welfare,
Dated: 10th April 2021.

In view of setting in of 2nd wave of COVID 19 in the State, wherein the positive cases are increasing alarmingly . Therefore, the following guidelines are issued herewith for strict compliance, so as to facilitate the effective management of patients, both under Home isolation / Home care and at Covid Care Centre, Designated Covid Health Centre or Designated Covid Hospital.

The guidelines issued as per reference (1) shall remain the same with the following modifications.

A. The eligibility for Home Isolation/Home care is as below.

- The person shall be clinically assigned as asymptomatic/mild case through telephonic triage or by the health staff/medical officer/ physician
- Such cases should have the requisite facility at their residence for self-isolation and also for quarantining the family contacts
- A caregiver should be available to provide care on a 24 X 7 basis. A regular communication link between the caregiver and hospital is a pre-requisite for the entire duration of home isolation/ home care
- Mild fever < 38⁰ C (< 100.4⁰ F)
- Oxygen saturation should be ≥ 95%
- Elderly patients aged more than 60 years and those with co-morbid conditions such as hypertension, diabetes, heart disease, chronic lung/ liver/ kidney disease, cerebro-vascular disease etc. shall be allowed home isolation/home care only after proper clinical evaluation by the treating medical officer/physician/ family doctor

- The person shall provide a signed undertaking for self-isolation/home care and follow guidelines of home isolation/home care
- The person shall agree to monitor his/her health and regularly inform their health status to the tele-monitoring team/ medical officer/physician/ family doctor and District Surveillance Officer (DSO) for further follow up by the surveillance teams.
- Home isolation/home care shall not be applicable for pregnant women 2 weeks before expected date of delivery (EDD)
- Home isolation/home care shall be allowed for lactating mothers after clinical evaluation by medical officer/ physician/ family doctor

Requisite facility at home for isolation/homecare

- Separate well ventilated room with a separate toilet for the person in isolation/home care
- The person shall stay in the identified room and away from other persons in the home (especially the elderly and those with co-morbid conditions like hypertension, cardiovascular disease, renal disease, etc.)

If the person does not fit to the above criteria for home isolation/home care or the house is not suitable for home isolation/home care, then isolation at a facility (CCC/DCHC/DCH) is recommended.

B. The criteria for shifting the COVID-19 positive cases to CCC, DCHC or DCH are as shown below:

Criteria	COVID care Centre* (CCC)	Dedicated COVID Health Centre(DCHC) (Beds with Oxygen facility)	Dedicated COVID Hospital (DCH) (ICU Beds Available)
Clinical condition	Asymptomatic or Mild	Moderate	Severe
Measure Oxygen Saturation with fingertip Pulse oximeter	SpO ₂ more than 94%	SpO ₂ between 90 to 94%	SpO ₂ less than 90%
Pulse Rate	<100/ min	100-120/min	>120/ min
Systolic Blood Pressure	-	-	<100 mm Hg
Respiratory Rate	< 24/ min	24-30/min	>30/min
a. Co-morbid Conditions b. Pregnancy	Co-morbidities like hypertension, diabetes, thyroid disease, cancer, kidney, liver, heart diseases etc. under good clinical control as assessed by medical officer/ physician	- With co-morbid conditions not under good clinical control as assessed by medical officer/physician - Pregnant women- 2 weeks before expected date of delivery (EDD)	- With co-morbid conditions not under good clinical control as assessed by medical officer/physician)

