

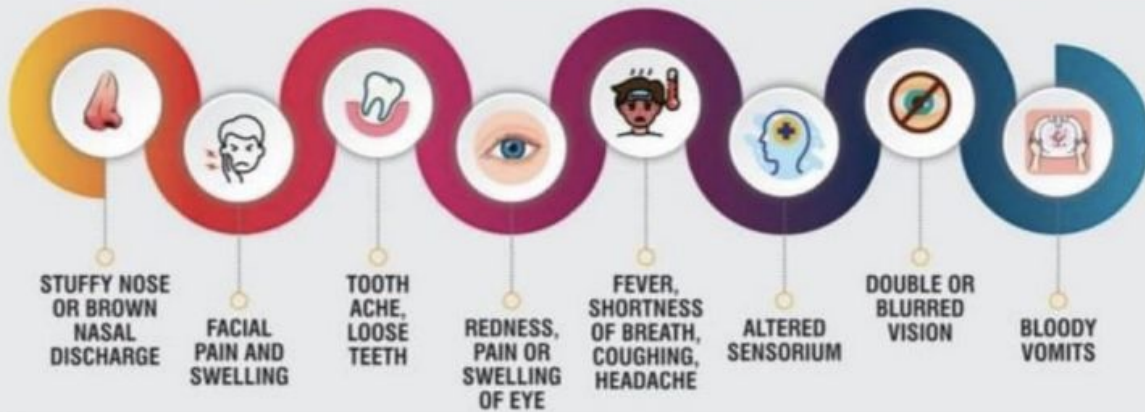


Shri Manoj Sinha
Hon'ble Lieutenant Governor

ADVISORY ON **BLACK FUNGUS** (MUCORMYCOSIS)

BLACK FUNGUS (MUCORMYCOSIS) IS A TYPE OF FUNGAL INFECTION, WHICH SPREADS RAPIDLY IN THE NOSE, SINUS, EYE AND BRAIN.

DO NOT NEGLECT IF YOU FIND THESE SYMPTOMS DURING/AFTER COVID



- PEOPLE WHO ARE AT RISK**
- ▶ WITH UNCONTROLLED DIABETES
 - ▶ WITH CO-MORBIDITIES (POST TRANSPLANT/ MALIGNANCY)
 - ▶ ON LONG STANDING OXYGEN THERAPY DURING COVID TREATMENT
 - ▶ TREATED FOR COVID 19 WITH STEROIDS/IMMUNOMODULATORS

✓ Dos

- Control hyperglycaemia
- Monitor blood glucose level post COVID-19 discharge in diabetic patients
- Use steroid judiciously
- Use clean, sterile water for humidifiers during oxygen therapy
- Use antibiotics/ anti fungal judiciously

✗ Don'ts

- Do not miss warning signs & symptoms
- Don't consider all cases of blocked nose as cases of bacterial sinusitis, especially in the cases of immunosuppression and/or COVID-19 patients on immunomodulators
- Don't hesitate in seeking aggressive investigations as appropriate for detecting fungal etiology
- Don't lose crucial time to initiate treatment for mucormycosis

IT COULD BE DANGEROUS
If you have symptoms, seek medical advice immediately



FOR ANY SORT OF QUERY INCLUDING MEDICAL ADVICE CONTACT 24X7 DIVISIONAL CONTROL ROOM

Divisional Control Room-Kashmir:
0194-2440283/2430581/2452052/2457313/2457312

Divisional Control Room-Jammu:
0191-2549676/2520982/2674444/2674115/2674908



Issued in Public Interest by:
**Health and Medical
Education Department, J&K**

**FOR FREE AMBULANCE SERVICE PLEASE CALL
TOLL FREE NO. 108**

For any kind of Covid-19 query log on to www.covidrelief.jk.gov.in