

To
The Authority
The joy of reading

Respected Sir/Madam,

I am Rishika Sarma, a student of class 10, Kendriya Vidyalaya Khanapara Guwahati- 781038 submitting my write up for - The Joy of reading. My details are as below and my write up is detached.

Name: Rishika Sarma

Address: Shubham Enclave 4th floor block- B, Sewali path, Hatigaon, Ghy-38

School: Kendriya Vidyalaya Khanapara, Jawahar nagar, Ghy- 22

Class: 10-A

Contact no.:8822561899

Mail id: rishikasarma242@gmail.com

Growing up reading books has been a great pleasure for me, starting from short stories to reading Haruki Murakami's books. Childhood I had no one but books to give me company, and no matter what I still enjoy the company of books! I haven't been reading much due to the pandemic, but I used to read a lot of fiction, self-help books, or books that had some sort of message before that. But I still managed somehow to feed my soul. I have listed some of my favourite books here which I think everyone should at least read once in their lifetime.

1. **7 habits of highly effective teenagers by Sean Covey**

A famous quote by Francis Bacon says that -"Some books are to be tasted, others to be swallowed, and some few to be chewed and digested" and this book is the one which is to be *chewed and digested*. The book is exactly what the title sounds like. It explains the different problems, life decisions a person in his/her adolescent years goes through. It's like a step-by-step guidebook to improve ourselves from within, resist peer pressure, and achieve our goals with practical advice. This book is well-written from the point of view of a teenager. The best part of this book is that it is stuffed with real-life stories of teenagers all across the world, cartoons, great quotes, and at the end of each chapter a page dedicated to how we can apply the habits in our day-to-day life known as "baby steps". The 7 habits are listed as follows:

Independence

1. Be proactive

2. Begin with the end in mind
3. First things first

Interdependence

4. Think win-win
5. Seek first to understand, then to be understood
6. Synergies

Continual improvement

7. Sharpen the saw, growth

2. A mind for numbers by Dr Barbara Oakley

This is a companion book on the course “Learning how to learn”. This book teaches us “how to learn”, and it is obvious that if we learn how to learn, we can learn anything. This is a perfect book for people struggling to get good at math and science or fulfil a math or science requirement. This book provides a step-by-step guide on how to study math and science and scientific study tips. Dr Barbara Oakley describes her life from failing in math and science to becoming an engineering professor as questionable. Here in this book, she has described effective study techniques and strategies which are scientifically proven. This book also contains real-life stories from people around the world on how they improved themselves. Some of the effective study techniques include- Active recall, spaced repetition, making summary notes, not highlighting too much etc. As a student, this book has really helped me identify weak study habits which I had been following blindly as a great study habit like highlighting and making notes of everything the teacher says.

3. And then there were none by Agatha Christie

This was the second book I read of Agatha Christie after the “murder on the Orient Express”. Now I’ve become a great fan of her murder mystery novels. It’s full of unexpected plot twists and things that will blow your mind. I like how simple her books are to read and how easy it is to put together a cleverly planned murder. “And there were none” is about 10 strangers who are invited to an isolated island named “Soldier Island” by a man named U.N.O. who claims to

have met each one of them. All alone with the butler Mr Rogers and his wife, cut off from the mainland, with their generous host mysteriously absent, they are each accused of a terrible crime. Not so soon, one after another dies, and they realise there is a murderer in their midst. The nursery rhyme named "10 Little Indians" is the biggest plot theme which was surprisingly found hanging in each room.

There is another underlying theme: all of them are complicit in the murders of other people. This book is an engaging read. So, it makes you feel like a genius solving a murder mystery crime (at least it did it for me!).

Can you guess who the murderer is?

Ten little Indian boys went out to dinner;
One choked his little self, and then there were nine.
Nine little Indian boys sat up very late;
One overslept himself, and then there were eight.
Eight little Indian boys travelling in Devon;
One said he'd stay there, and then there were seven.
Seven little Indian boys chopping up sticks;
One chopped himself in halves, and then there were six.
Six little Indian boys playing with a hive;
A bumblebee stung one and then there were five.
Five little Indian boys going in for law;
One got into the court, and then there were four.
Four little Indian boys going out to sea;
A red herring swallowed one and then there were three.
Three little Indian boys walking in the zoo;
A big bear hugged one and then there were two.
Two little Indian boys were out in the sun;
One got all frizzled up, and then there was one.
One little Indian boy left all alone;
He went out and hanged himself, and then there were none.